

THOUGHT FOR THE MONTH: **“Voting is not only our right—it is our power.” – Loung Ung, Human Rights Activist**

Risk Management

HOW TO TAKE SAFESPORT TRAINING

We are now required by American Sokol SafeSport Protocol to take the full SafeSport certification plus have a valid background check on file on an annual basis. This is required for those who are interactive with minors on an ongoing capacity for their Unit, District or American Sokol. Since it has been over a year since the original protocol has been in place, I thought I would resubmit the following information.

Perhaps there is still some confusion on how to properly get to the SafeSport training if not going through USAG. Hopefully this will make it a little simpler for all of us.

1. Go to www.athletesafety.org. Google Chrome or Firefox are recommended for the best user experience.
2. Click on **“Training”** from the **homepage** or from the **“Menu”** in the upper left corner of the screen.
3. Scroll down until you see **“SafeSport™ Trained”** click on it and **“Add to Bag”**. It will then show you a cost of \$20.
4. Scroll to bottom to and click on **“Checkout”**.
5. You will then select **“Register”** to create your account and profile. Fill out the required information. (NOTE: select **“Not Affiliated”** for Membership as American Sokol is not listed in the dropdown menu because we are not designated as a National Governing Board.)
6. An email will be sent to you to confirm your account. Open the email and click **“Confirm Email Address”**. This email will come with heading of **“SafeSport ASO: Account Created”** and comes from athletesafety.org. Once you confirm, you can sign in.
7. Once you’ve signed in, you can purchase the course from your shopping bag in the upper right corner.
8. Once you’ve successfully purchased the course, you will be able to complete it from your Learning Dashboard (it’s the smiley face). There are three modules to complete which should take approximately 90 minutes total.

If you experience any technical difficulties while taking the training, please contact the SafeSport Help Desk at help.desk@safesport.org or call 720-676-6417. The Help Desk hours are: Monday–Friday 8:00am–9:00pm EST; Saturday–Sunday 12:00pm–5:00pm EST.

Remember to **download and save your SafeSport™ Trained certificate** upon completion of the course. This is the certificate that needs to be turned in for reimbursement. Please **DO NOT** send in copy of the three individual modules. Proper reimbursement form, certificate, and background check information must be turned in by your unit and signed either by Unit President or their designate.

HOME GYMNASTICS AND FITNESS ACTIVITIES

Please **“Like”** our American Sokol Facebook page for access to pictures, videos, updates, and much more! Bro. Dan Bajek from Sokol Naperville Tyrs is sharing different home gymnastics and fitness activities for our athletes to do until our units re-open. This is a great opportunity to share this information and provide our gymnasts with many ways to stay in shape. The page is found by typing www.facebook.com/americansokol/ into your internet browser. **Follow us on Facebook!**  **@americansokol**