

SOKOL CHILDREN'S CAMPING

Children's Camping will start the Sunday after July 4th each year.

For 2024, Children's Camping will start (1st Week) on Sunday, July 7th (6:00pm Line-Up) and will run through Sunday, July 14th @ 10:00am. The 2nd Week will begin on Sunday, July 14th (6:00pm Line-Up) and will run through Sunday, July 21st @ 10:00am. Campers must be between ages 5 and 16 during the time of camping. All camping fees listed below are payable at the time of registration.

Weekly Rates:

\$150	Child of Sokol members that attends gymnastics classes. Parents must be Sokol members for at least six months.
\$200	Child of Sokol members that does not attend gymnastics. Parents must be Sokol members for at least 6 months.
\$300	Child of non-members. (Space permitting-will be placed on a waiting list and may be offered opportunity to camp after Sokol member registration officially closes.)

Rates include all meals for one week, Monday morning through Sunday morning. Parents are responsible for their children by 10:00 AM on Sunday. Parents should not pick up campers before 9:00 AM on Sunday morning so that each child has the time to eat breakfast and complete their chores before leaving.

Day Campers

\$ 30/day	Day campers (ages 3-8 whose parents are volunteering at camp that day) Day Campers should arrive at camp between 6:30 and 7:30 AM and be picked up between 5:00 PM and 6:00 PM. Day Campers must be able to attend to their own bathroom needs. Day camper registration forms also need to be completed within deadlines. Day campers who are not dropped off within the timeline will not be allowed to stay.
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Early-Bird Discount for Sokol Members:

- Campers will *receive a \$ 20 discount off* their weekly *rate* when their completed *forms/fees are* submitted within the first 60 days that registration opens.
- Campers may use this discount *once per year*.
- Each camper in a family *can receive* the Early-Bird discount if their *forms/fees are* submitted within the first 60 days of registration. (There is no limit to the number of family members for which this will apply.)

Referral Discount for Sokol Members

- Campers may receive a \$20 refund off their weekly rate when they recruit a non-member first-time camper.
- Referred camper must write the referring camper's name on the registration form.
- The referred camper must be a non-member.

All campers are encouraged to attend a pre camp work day.

Report to Sokol Camp at 9:00 AM - Lunch is provided and work concludes mid-afternoon

Dates

TBD – 9am to 1pm

TBD – 9am to 1pm

REGISTRATION CLOSES on April 15, 2024.

After April 15, 2024, a \$50 per child, late fee will be assessed for any outstanding forms and monies.

No registrations will be accepted after June 15, 2024.

ALL MONIES AND FORMS ARE DUE AT THIS TIME.

Following the close of registration, confirmation letters will be emailed to each family.

PARENTAL REQUIREMENTS/EXPECTATIONS

1. Children's Camping is run completely by volunteers. All member families will submit a \$100 check per family dated August 1, 2024. This check will serve as a work deposit and will be returned upon completion of mandatory camping workday **AND** required 1 volunteer day during camp, per each week the child is camping. Sign up to counsel, cook, or night watch. All volunteers will be expected to comply with expectations for their roles at camp and will follow instruction of senior staff members in charge. If a family does not complete their requirements, the deposit check will be cashed on August 1, 2024.
2. Parents will instruct their children on proper behavior. The camper agreement will be signed by the camper and the parent before camping. Failure to comply with registration requirements or camping regulations will result in dismissal without refund and at the expense of the parent. The Director and Staff have the final ruling in determining if behavior warrants dismissal.
3. All campers are to be signed in and out of the Camp beginning with a formal sign-in process at 5:00 PM Sunday before line up. If you pick up your child at any time during the week, they must be signed out with a Counselor before they can leave and signed back in upon their return. Campers will also be signed out at the conclusion of camp between 9:00 AM and 10:00 AM Sunday. Failure to comply will result in the camper being sent home at the expense of the parent.
4. **NO VISITORS** will be allowed during the camping period. If you need to come to the camp for any reason during the camping period, previous arrangements must be made with the Camping Director. This includes picking up/dropping off a camper, delivering medication/clothing, etc. If you are coming to Camp to volunteer, you are expected to abide by the scheduled times for your

position.

5. ALL campers will submit a completed health history information form. Information including but not limited to conditions such as ADHD, allergies, psychological diagnoses, and past or chronic injuries should be included on the form. Failure to disclose information will result in dismissal.
6. Any medication that is to be administered during the camping period will be brought in its **original packaging with a prescription label, completed medical form, and documentation from a physician** stating possible side effects, etc. Campers will not be allowed to medicate themselves - this includes Tylenol, Midol, Allergy Medication, etc. Failure to comply will result in dismissal.
7. The Staff reserves the right to request additional information about any camper's medical conditions including but not limited to specific documentation releasing the camper to attend. If the Staff does not feel adequately equipped to handle the medical situation of any camper, the camper may be asked to leave the camp or make other arrangements.
8. If a child is sent home due to illness, they may not return to Camp until fever-free for at least 24 hours. Campers showing symptoms of illness may be sent home at the discretion of the Staff. Parents will be responsible for arranging transportation. Temperature will be taken upon return.
9. If a camper must leave the Camp, they can be picked up at any mealtime but may not return until the following morning between 6:30 AM and 7:30 AM. After a second absence, the child will not be allowed to return. If a child needs to leave, prior notice must be given to the staff on Sunday before line up. All campers must be always signed in and out of the Camp with a Counselor. Do not drop your child off at the top of the drive and pull away without signing them back in with a member of the Staff.

RULES AND REGULATIONS IN EFFECT DURING THE CAMPING PERIOD

THE FOLLOWING RULES AND REGULATIONS WILL BE ENFORCED BY THE COUNSELORS. THE GYMNASTIC ASSOCIATION SOKOL WILL NOT BE RESPONSIBLE FOR ANYTHING LOST OR STOLEN DURING THE CAMPING PERIOD.

1. Roll Call will take place promptly at 6:00 PM on Sunday. All campers must be present at this time. Sign in will begin at 5:00 PM. **All Campers are to be signed in by a parent/guardian at this time.**
2. Cot assignments will be posted Sunday afternoon. The oldest campers will be on the porches and the younger campers will be in the interior rooms.

3. The daily schedule will be as follows:

Wake up	7:00	AM
Campers dressed and ready	7:30	AM
Breakfast	8:00	AM
Lunch	12:00	PM
Dinner	5:00	PM
Bedtime		
(younger campers)	~8:30	PM
(older campers)	~10:30	PM

4. There will be no loud talking in sleeping quarters following lights out. Once the lights are out, campers are to remain in their own beds unless going to the bathroom.
5. Campers will not be allowed to use cell phones during camping. Counselors will confiscate any cell phones that are found. Cell phones will be locked in a lockbox until parent pick up. The Camp Staff highly recommends that campers should not have their phones during camping. The Camping Director has final discretion on consequences if a camper's cell phone is found, up to being sent home early.
6. Electronic games (PSP, Nintendo DS, etc.) and iPods/MP3 players should not be brought to Camp. Counselors will confiscate any electronic devices that are found. If a camper wants to bring an MP3 player for use at the Dance, they may turn it in to a staff member at the beginning of the week and they will be allowed to use it during approved time.
7. No weapons of any kind are allowed at Camp.
8. All campers must be capable of attending to their own bathroom needs.
9. Daily showers will be scheduled for each camper.
10. Attire should be appropriate for physical activity. No tube tops/halter tops, etc. should be worn. Appropriate sleepwear should also be brought to camp. (Is it appropriate attire for an outdoor assembly in case of emergency?)
11. Swimwear should be modest and in good taste for swimming/diving/jumping and other water activities (water balloon, relays on field, etc.).
 - Swimsuits should fully cover every intimate body part in its entirety.
 - Please consider camp activities when choosing swimwear - activities include but are not limited to running, jumping, bending.
 - Undergarments are not appropriate swimwear.
 - No strapless swimsuits, tube one-piece swimsuits or Men's/Boy's speedos.
 - If a camper's swimsuit is deemed to be not appropriate, parents will be asked to deliver an appropriate swimsuit at the mailbox. Until the appropriate swimsuit arrives, a swim shirt/shorts will be worn.
- Volunteers:** All volunteers are expected to comply with swimsuit policy updates listed above.
12. Campers will clean their sleeping area, bathrooms, cabanas, and stairs each day.
13. Campers will eat what is served for meals.
14. No chewing gum is allowed at Camp. No coolers with soda or drinks are allowed. Any snacks or drinks that are found will be confiscated. This is in the interest of cleanliness (cleaning up after

themselves or things melting in the heat), prevention of bugs, and safety of other campers (potential allergy interactions).

15. No smoking, alcohol, or drug use by campers will be allowed under any circumstances. This will result in immediate expulsion from Camp. This includes the possession of any lighters, matches or other similar smoking paraphernalia.
16. No fireworks are allowed on the grounds.
17. The Camp Staff reserves the right to conduct a search of camper's possessions if deemed necessary.
18. Children should ask permission before using athletic or any other equipment and keep away from all machinery.
19. Camp Boundaries are as follows:

No one is allowed on the Rock Garden, on top of the rocks, or on any roofs. No one is to go past any of the playing fields.

No one should be at the playground without a counselor.

No one is to be in the upstairs sleeping quarters during the day unless given permission.

Boys will use the east stairway and girls will use the west stairway.

Boys and girls will not be allowed in the sleeping quarters of the opposite sex.

Access to the Lodge building will be limited to restrooms and craft area during daytime hours.

Campers are not to be in the kitchen or dining room area unless the current activity requires.

20. Swimming Pool Rules are as follows:

No one is to be in the pool area without a counselor.

Everyone will go to the pool area during swimming time, even if they do not wish to swim.

No one will leave the pool area without permission.

Running in the pool area, throwing/pushing into the pool and other horseplay will not be permitted.

Campers must swim the length of the pool twice to be allowed into the deep water.

If a camper needs/wants anything special for swim time (life jacket, floaties, goggles,

earplugs, etc.) they need to be provided by the family and should have their name or initials written on them.

(My camper and) I have read and understand the above policies.

Camper's Name (If Applicable)_____

Date_____

Parent / Guardian / Volunteer_____

Date_____