



CAMPING INFORMATION AND EXPECTATIONS

Children's Camping will start the Sunday after July 4th each year. This year Children's Camping will begin 6 PM Sunday July 5th through 10 AM Sunday July 12th. There will be one week of Camping for 2026. Campers must be between ages 5 and 16 during the time of Camping. All Camping fees listed are due at time of registration.

Weekly Rates

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| \$150 | Child of Sokol Member(s) that attends gymnastics classes. Parent(s) must be a Sokol member for at least six months. |
| \$200 | Child of Sokol Member(s) that does not attend gymnastic classes. Parent(s) must be a Sokol member for at least six months. |
| \$300 | Child of non-member(s) |
- (space permitting – will be placed on a waiting list and may be offered an opportunity to camp after Sokol member registration officially closes).

Rates include all meals for one week, Monday morning through Sunday morning. Parents are responsible for their children by 10 AM on Sunday. Parents should not pick up campers before 9 AM on Sunday morning so that each child has time to eat breakfast and complete morning chores before leaving.

Day Campers

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| \$30/day | Day campers are ages 3 – 8 whose parents are volunteering at Camp that day.
Day campers arrive between 6:30 AM and 7:30 AM and be picked up between 5 PM and 6 PM
All campers must be able to attend to their own bathroom/hygiene needs.
Day camper registration forms must be submitted within the deadlines.
Day campers who are not dropped off during the indicated times will not be allowed to stay.
Day campers not picked up on time will not participate in activities beyond 6 PM. |
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Refunds: There are no refunds for campers that are sent home or decide to leave for whatever reason. This also applies to campers who register for two weeks and decide to only attend one one.



Early Bird Discount for Sokol Members

- Campers will receive a \$20 discount off their weekly rate if their completed forms AND FEES are submitted within the first 30 days of registration window.
- Campers may use this discount once per year
- Each camper in a family is eligible for the early bird discount if forms and fees are received in the first 30 days of registration period. (There is no limit to the number of family members for which this will apply.)

Mandatory Camping Workdays

May 16th

June 20th

Report to Sokol Camp at 9 AM – Lunch is provided and work concludes mid-afternoon

ALL FAMILIES (MEMBER AND NON-MEMBER) MUST ATTEND A WORKDAY. If you do not attend, your work deposit will be forfeited.

REGISTRATION CLOSES MAY 15, 2026

After June 1, 2026, a \$50 per child late fee will apply to any incomplete registrations (outstanding fees or paperwork).

NO REGISTRATION WILL BE ACCEPTED AFTER JUNE 1, 2026.

No exceptions. All monies and forms are due at this time.

At the close of registration, confirmation notices will be sent to each family

Parental Requirements and Expectations

1. Children's Camping is run completely by volunteers. All families must submit a \$100 check dated August 1, 2026. This check will serve as a work deposit and will be returned upon completion of mandatory camping workday AND required volunteering day during the camping period by signing up to counsel, cook, or night watch. All volunteers will be expected to comply with expectations for their roles at Camp and will follow the instructions of senior staff members in charge. If a family does not complete their requirements, the check will be cashed August 1, 2026.
2. Parents will instruct their children on proper behavior. The camper agreement will be signed by the camper and the parent before Camping. Failure to comply with registration requirements or camping regulations will result in dismissal without a refund and at the expense of the parent. The Director and Staff have the final ruling in determining if behavior warrants dismissal.
3. All campers are to be signed in and out of Camp by a parent or guardian beginning with a formal check-in process at 5 PM Sunday prior to 6 PM lineup. If you pick up your child at any time during the week, they must be signed out with a counselor before they leave and signed back in upon their return. Campers will also be signed out at the conclusion of Camp between 9 AM and 10 AM on Sunday. Failure to comply will result in the camper being sent home at the expense of the parent.
4. **NO VISITORS will be allowed during the Camping period.** If you need to come to Camp for any reason during the Camping period, previous arrangements must be made with the Director. This includes picking up/dropping off a camper, delivering medication/clothing, etc. If you come to Camp to volunteer, you are expected to abide by the scheduled times for your role.
5. ALL campers will submit a completed health history information form. Information including but not limited to conditions such as ADHD, allergies, psychological diagnoses, and past or chronic injuries should be included on the form. Failure to disclose information will result in dismissal.
6. Any medication that is to be administered during the Camping period will be brought in its **original packaging with a prescription label, completed medical form and documentation from a physician** stating possible side effects, etc. Campers will not be allowed to medicate themselves – this includes Tylenol, Midol, allergy medication, etc. Failure to comply will result in dismissal.
7. The Staff reserves the right to request additional information about any camper's medical conditions including but not limited to specific documentation releasing the camper to attend. If the Staff does not feel adequately equipped to handle the medical situation of any camper, the camper may be asked to leave or make other arrangements.
8. If a child is sent home due to illness, they may not return to Camp until fever free for at least 24 hours. Campers showing symptoms of illness may be sent home at the discretion of the Staff. Parents will be responsible for arranging transportation. The camper's temperature will be taken upon return.
9. If a camper must leave the Camp, they can be picked up at any mealtime but may not return until the following morning between 6:30 AM and 7:30 AM. After a second absence, the camper will not be allowed to return. If a child needs to leave, prior notice must be provided to the Staff on Sunday during check-in. All campers must always be signed in and out of the Camp with a Counselor. Do not drop off your child at the top of the drive and leave without signing them back in with a Staff member.



Rules and Regulations in Effect During the Camping Period

THE FOLLOWING RULES AND REGULATIONS WILL BE ENFORCED BY THE COUNSELORS. GYMNASTIC ASSOCIATION SOKOL WILL NOT BE RESPONSIBLE FOR ANYTHING LOST OR STOLEN DURING CAMPING.

1. Roll Call will take place promptly at 6 PM on Sunday. All campers must be present at this time. Check in will begin at 5 PM. **All Campers are to be signed in by a parent/guardian at this time.**
2. Cot assignments will be posted Sunday after Noon. The oldest campers will be on the porches, the younger campers will be in the interior rooms.
3. The daily schedule will be as follows:

Wake Up	7:00 AM
Campers Dressed and Ready	7:30 AM
Breakfast	8:00 AM
Lunch	12:00 PM
Dinner	5:00 PM
Bedtime (younger)	8:30 PM
Bedtime (older)	10:30 PM
4. There will be no loud talking in sleeping quarters following lights out. Once the lights are out, campers are to remain in their own beds unless they go to the bathroom.
5. Campers will not be allowed to use cell phones during camping. Counselors will confiscate any cell phones that are found. Cell phones will be locked in a lockbox until parents pick up. The Camp Staff highly recommends that campers should not have their phones during Camping. The Director has final discretion on the consequences if a camper's cell phone is found, up to being sent home.
6. Electronic games (PSP, Nintendo, etc) and iPads/MP3 players should not be brought to Camp. Counselors will confiscate any electronic devices that are found. If a camper wants to bring an MP3 player for the Dance, they may turn it in to a Staff member at the beginning of the week to be used at an approved time.
7. No weapons of any kind are allowed at Camp.
8. All campers must be capable of attending to their own bathroom needs.
9. Daily showers are scheduled for each camper.
10. Attire should be appropriate for physical activity. No tube tops/halter tops, etc. should be worn. Appropriate sleepwear should also be brought to Camp. (Is attire appropriate for an outdoor assembly in case of emergency?)
11. Swimwear should be modest and in good taste for swimming/diving/jumping and other water activities (water balloon, relays on field, etc.)
 - a. Swimsuits should fully cover every intimate body part in entirety.
 - b. Consider Camp activities when choosing swimwear – activities include but are not limited to running, jumping, bending.
 - c. Undergarments are not appropriate swimwear
 - d. No strapless swimsuits, tube one-piece swimsuits or men's/boy's speedos allowed.
 - e. If a camper's swimsuit is deemed to be inappropriate, parents will be asked to deliver an appropriate swimsuit at the mailbox. Until the appropriate suit arrives, a swim shirt/shorts will be worn.
 - f. **Volunteers:** All volunteers are expected to comply with swimsuit policy.
12. Campers will clean their sleeping area, bathrooms, cabanas and stairs each day.

13. Campers will eat what is served for meals.
14. No chewing gum is allowed at Camp. No coolers with soda or drinks are allowed. Any snacks or drinks found will be confiscated. This is in the interest of cleanliness (cleaning up after themselves and/or things melting in the heat) prevention of bugs, and safety of other campers (potential allergic reactions).
15. No smoking, alcohol or drug use by campers will be allowed under any circumstances. This will result in immediate expulsion from Camp. This includes possession of any lighters, matches or other smoking paraphernalia.
16. No fireworks are allowed on the grounds.
17. The Camp Staff reserves the right to conduct a search of Campers possessions if deemed necessary.
18. Children should ask permission before using athletic equipment or any other equipment and keep away from all machinery.
19. Camp Boundaries are as follows:
 - a. No one is allowed on the Rock Garden, on top of the rocks or on any roofs.
 - b. No one is to go past any of the playing fields.
 - c. No one should be at the playground without a Counselor.
 - d. No one is to be in the upstairs sleeping quarters during the day unless given permission by a Counselor.
 - e. Boys and Girls will use their assigned stairways.
 - f. Boys and Girls will not be allowed in the sleeping quarters of the opposite sex.
 - g. Access to the Lodge building will be limited to restrooms and craft area during daytime hours.
 - h. Campers are not to be in the kitchen or dining room area unless the current activity requires.
20. Swimming Pool Rules are as follows:
 - a. No one is to be in the pool area without a counselor.
 - b. Everyone will go to the pool area during swimming time even if they do not wish to swim.
 - c. No one will leave the pool area without permission.
 - d. Running in the pool area, throwing/pushing one another into the pool and other horseplay will not be permitted.
 - e. Campers must swim the length of the pool twice to be allowed into the deep water. (Unassisted and without floatation devices)
 - f. If a camper needs/wants anything special for swim time (life jacket, floaties, goggles, earplugs) they need to be provided by the family and should have name/initials written on them.